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|  I:\Network\P2P Self-Management SIP\5. Observational Study\Logos\JPEG files\PeerUp_Logo_FINAL-4color.jpg | Scoring the Perceived Social Support Survey |

The questions used to measure perceived social support are from the Medical Outcomes Study-Social Support Subscale (Emotional/Informational), a validated instrument developed by Sherbourne and Stewart (RAND Corporation).1 More information regarding the instrument can be found here: <http://www.rand.org/health/surveys_tools/mos/mos_socialsupport.html>.

In order to detect a change in perceived social support, it is recommended to administer this survey before participants begin the program (pre-test) and again at the end of the program (post-test). For example, pre-test would be before mentors complete training and before mentees attend a kick-off mixer and/or meet with their assigned mentor for the first time. The post-test can be administered at the celebration mixer or within a few days of the last meeting of a mentor/mentee pair.

**Scoring the MOS-SSS**:

1. The score for each item is the number circled. The score for
the scale is the mean of the eight items. A higher score indicates more support.

Depending on your overall program goals, an evaluator and/or statistician may be helpful in performing higher level statistical analyses.

1. Compare pre-test score with post-test score.

A blank perceived social support survey, provided in a separate Word file, includes a cover sheet that estimates the amount of time it may take participants to complete the survey, assures them that all responses are confidential, and will not impact their Medicare benefits.