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| I:\Network\P2P Self-Management SIP\5. Observational Study\Logos\JPEG files\PeerUp_Logo_FINAL-4color.jpg | Scoring the  Self-Management Behaviors  Survey |

The questions used to measure self-management behaviors were developed specifically for this project and have not been validated.

In order to detect a change in perceived dialysis social support, it is recommended to administer this survey before participants begin the program (pre-test) and again at the end of the program (post-test). For example, pre-test would be before mentors complete training and before mentees attend a kick-off mixer and/or meet with their assigned mentor for the first time. The post-test can be administered at the celebration mixer or within a few days of the last meeting of a mentor/mentee pair.

**Scoring the Perceived Dialysis Social Support Survey**:

Depending on your overall program goals, an evaluator and/or statistician may be helpful in performing higher level statistical analyses.

1. C:\Users\ab5126\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\EEEZISZT\Lightbulb.pngThe score for each item is the number circled. The score   
   for the scale is the mean of the six items. A higher score indicates more perceived dialysis social support.
2. Compare pre-test score with post-test score.

A blank self-management behaviors survey, provided in a separate Word file, includes a cover sheet that estimates the amount of time it may take participants to complete the survey, assures them that all responses are confidential, and will not impact their Medicare benefits.