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|  I:\Network\P2P Self-Management SIP\5. Observational Study\Logos\JPEG files\PeerUp_Logo_FINAL-4color.jpg | Scoring the Self-Management Behaviors Survey |

The questions used to measure self-management behaviors were developed specifically for this project and have not been validated.

In order to detect a change in perceived dialysis social support, it is recommended to administer this survey before participants begin the program (pre-test) and again at the end of the program (post-test). For example, pre-test would be before mentors complete training and before mentees attend a kick-off mixer and/or meet with their assigned mentor for the first time. The post-test can be administered at the celebration mixer or within a few days of the last meeting of a mentor/mentee pair.

**Scoring the Perceived Dialysis Social Support Survey**:

Depending on your overall program goals, an evaluator and/or statistician may be helpful in performing higher level statistical analyses.

1. The score for each item is the number circled. The score
for the scale is the mean of the six items. A higher score indicates more perceived dialysis social support.
2. Compare pre-test score with post-test score.

A blank self-management behaviors survey, provided in a separate Word file, includes a cover sheet that estimates the amount of time it may take participants to complete the survey, assures them that all responses are confidential, and will not impact their Medicare benefits.